

FAVORITE BOOKS



Updated - July, 2023

TOPIC	TITLE	AUTHOR
Behavioral Science	<u>How to Change</u>	Katy Milkman
Behavioral Science	<u>When</u>	Daniel Pink
Behavioral Science	<u>Predictably Irrational</u>	Dan Ariely
Business	<u>The Fearless Organization</u>	Amy Edmondson
Business	<u>Profit from the Positive</u>	Senia Maymin, Margaret Greenberg
Business	<u>The Coaching Habit</u>	Michael Bungay Steiner
Decision Making	<u>Thinking Fast and Slow</u>	Daniel Kahneman
Decision Making	<u>The Paradox of Choice</u>	Barry Schwartz
Decision Making	<u>Think Again</u>	Adam Grant
Emotional Intelligence	<u>Atlas of the Heart</u>	Brené Brown
Emotional Intelligence	<u>Permission to Feel</u>	Marc Brackett
Emotional Intelligence	<u>Emotional Agility</u>	Susan David

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Happiness	<u>The Happiness Advantage</u>	Shawn Achor
Happiness	<u>The How of Happiness</u>	Sonja Lyubormirsky
Happiness	<u>Happier Hour</u>	Cassie Holmes
Leadership	<u>Radical Candor</u>	Kim Scott
Leadership	<u>The Making of a Manager</u>	Julie Zhou
Leadership	<u>Dare to Lead</u>	Brené Brown
Mindfulness	<u>Stop Missing Your Life</u>	Daniel Kahneman
Mindfulness	<u>Meditation for Fidgety Skeptics</u>	Barry Schwartz
Mindfulness	<u>Happiness is an Inside Job</u>	Sylvia Boorstein
Negotiations	<u>The Power of a Positive No</u>	William Ury
Negotiations	<u>Ask for It</u>	Linda Babcock, Sara Laschever
Negotiations	<u>Never Split the Difference</u>	Chris Voss

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Positive Psychology	<u>Learned Hopefulness</u>	Dan Tomasulo
Positive Psychology	<u>Flourish</u>	Martin Seligman
Positive Psychology	<u>Barking up The Wrong Tree</u>	Eric Barker
Productivity	<u>Super-Productive</u>	Sharon Danzger
Productivity	<u>Atomic Habits</u>	James Clear
Productivity	<u>Essentialism</u>	Greg McKeown